# CENTER OF GRAVITY GAZETTE

# NEW BOSTON'S SENIOR NEWSLETTER

#### **HELLO SENIORS!**



Welcome to Spring! Check out the **INSIDE THIS ISSUE** to find all the tidbits and factoids, trips and pictures put together just for you!

On going weekly programs:

Yoga—Mondays at the Whipple Free Library. 6-7 pm Pickleball—Tuesdays, NBCS Gym. 7-8:45pm Men's Basketball 30+—Monday's NBCS Gym 6:30-8:30 pm. Women's Basketball, Age 18+—Friday's NBCS Gym 7-8pm. No programs running Memorial Day—May 29th

**Historical Society Event!** Thursday, May 11, 2023 7:00 pm at the New Boston Community Church "New Boston Counterfeiters of 1804". Jennifer Allocca tells the true story of a gang of criminals who were arrested for printing paper money, put in jail, and made a daring escape.

**Free Covid Test Kits**—Do you need a free home test kit? We have extras here in the office. Just give us a call or email to arrange a time to come in and pick one up.



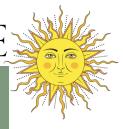
Director-Mike Sindoni Assistant-Sheri Moloney www.newbostonnh.gov/recreation ~ 603.487.2880 Recreation@NewBostonNH.gov



"Our mission is to enrich and enhance the lives of the residents of New Boston. We accomplish this by providing safe, welcoming facilities and affordable, diverse recreation and cultural opportunities for people of all ages to play, learn, and build community."

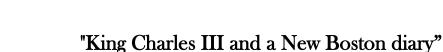
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"Hope is the thing with feathers that perches in the soul and sings the tunes without the words and never stops at all." ~Emily Dickinson



May/June 2023

New Boston Historical Society



by Dan Rothman for the Center of Gravity Gazette

If all goes according to plan, King Charles III and his wife Camilla will be crowned this month, May 2023. Now you may ask, is the King of England relevant to Americans 250 years after the Revolution? Yes he is!

For example, the King's name recently appeared in a legal dispute between the Governor of Florida and the Disney Corporation. When the Governor moved to take control of the land upon which Disneyworld is built, the Disney board quickly adopted a new provision preserving their authority until "21 years after the death of the last survivor of the descendants of King Charles III, king of England, living as of the date of this declaration."

When I read that in the newspaper, I wanted to know, what was that all about??? What I've learned is that the "royal lives clause" is wellknown in legal circles, in both England and America. Apparently the clause is used for property transactions where you can't grant rights "in perpetuity," or forever. Given that Charles's youngest grandchild, Lilibet, is not quite two years old, the "royal lives clause" may provide Disney certain rights for a hundred years, which is indeed forever from my perspective.

At this point, "Center of Gravity" readers may wonder, what is the relevance of King Charles III to New Boston, New Hampshire? I've an answer for that, too!

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*Cora Dodge diary entry about the future "King Charles"* 

# 2023 Summer Concerts On the Gazebo Schedule

# Select Tuesdays ~ 6 - 7:30 pm

Bring a blanket or chair & enjoy a Tuesday summer evening on the town common w/music, friends, & community

The Rail Trail Grill concession stand will benefit the New Boston Rail Trail & will feature hot dogs, hamburgers, soft drinks, snacks, & more. The Community Church will offer a dessert table with yummy delights or bring your own picnic & nonalcoholic beverages.

#### June 27—Jamdemic

Infectious Rock, Blues, and Jam Cover Band based in Hollis, NH

Jamdemic band is based in the Southern NH area and mixes up Classic "Deep Cut" tunes from Classic Rock, Blues, Funk, and Jam genres

#### July 11—The Bel-Airs The Bel Airs perform Doo Wop and Vintage Rock 'N' Roll!

With elegant five-part harmonies & stereophonic instrumental arrangements, The Bel Airs put on a great show. Their music takes you on a romantic journey back to the time of poodle skirts, beehive hairdos, car tail-fins, & Metal diners.



The Hickory Horned Devils are a six-piece string band. Deeply rooted in the traditional sound of old-time Appalachian fiddle and banjo music, they also have a foot firmly in the modern world. The Hickory Horned Devils play a lively blend of old-time, Americana, alt-country, and blues, with the occasional pop song thrown in for good measure. It all

comes together into a foot-stompin', fun groove that will get you on your feet dancing.

# August 8—Tattoo

Tattoo performs American Roots Music: rock 'n' roll, soul, swing, Cajun, and originals, with a strong connection to American musical traditions and its greatest exponents: Louis Armstrong, Fats Domino, Elvis Presley, Bob Dylan, Hank Williams, the Grateful Dead, Bob Marley, the Beatles, Buddy Holly, the Supremes...





#### August 22—The Island Castaways Band

Bringing Summer to you, regardless of where you are or the time of year.

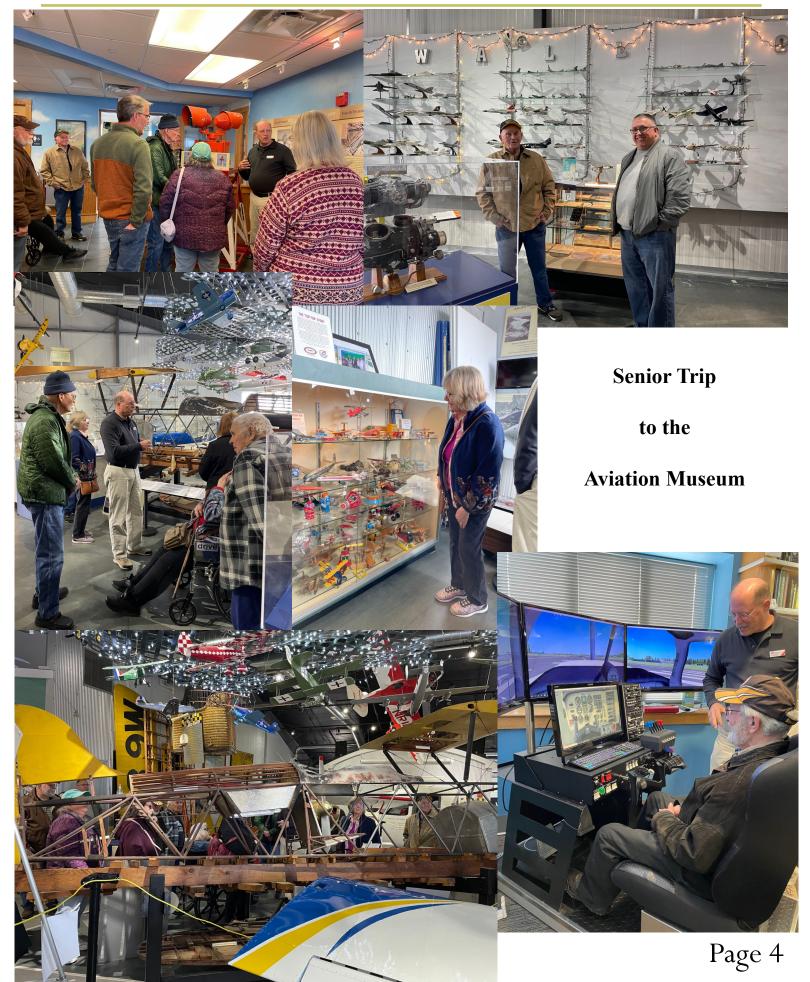
Originally formed in 2008 as a Jimmy Buffett tribute, The Island Castaways Band has evolved into one of New England's most popular Trop Rock bands. Their live show features a balanced mix of originals and classics, all with their own Tropical touch of fun Page 3





#### **SENIOR TRIP PHOTOS**

# The Center of Gravity Gazette



Thursday Senior Lunch at New Boston Central School at 11 am, followed by Bingo and sometimes Uno at noon in the Recreation Office.

This is a fun social gathering in the school gym. We eat at the same time as the school children. We have our own designated tables closest to the door and serving area. We hope you can join us!



\* Lunch is at 11am on Thursdays. The gym entrance doors open at 10:50.

\* You can bring your own lunch or have the hot lunch provided by the school. Hot lunch cost is \$3.

\* We will provide coffee, tea and water.

\* Nickel ante Bingo and/or UNO will follow down at the Recreation Dept. from Noon—3pm. We will provide the Bingo Cards and Uno supplies.

> Any questions or need directions? Call us at 603-487-2880. Hope to see you soon!

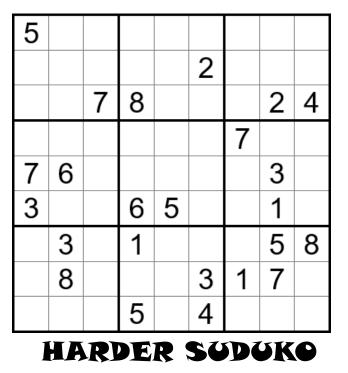




Leprechaun Bill!

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#### **SENIOR BIRTHDAYS**





May 6 ~ Gerard Jutras May 15 ~ Bridget "Jo" Baker May 19 ~ Mary McCracken May 21 ~ Ethel Wargo May 21 ~ Tony Wynands May 22 ~ Gloria Barss May 26 ~ Patricia Porter May 30 ~ Patricia Grosso



# The Center of Gravity Gazette





Betty celebrates her 102nd birthday!



June 1 ~ Immo Christoph June 7 ~ Sharlene Whipple June 9 ~ Ernie Waterhouse June 10 ~ Cathy Strausbaugh June 20 ~ Susan Carr June 24 ~ Arthur Bergen June 25 ~ Clifton Labree



Whipple Free Library

There's Always Another Chapter

The Center of Gravity Gazette

### **Library News** whipplefreelibrary.org

The Library will be closed Saturday, May 27th and Monday, May 29th in observance of Memorial Day

#### WEEKLY/MONTHLY HAPPENINGS

Monday Morning Quilters- 10am Every Monday (No may 29) All are welcome!



Wednesdays— Cribbage - 6:30pm Every Wednesday All are welcome!

Thursday Knitting- 10am Every Thursday. All are welcome regardless of experience level! All types of needle work welcome (crochet, needle point, sewing, etc.)

Mahjongg - 1-3pm Every Friday. All experienced players welcome!

#### 2nd Fridays - Second Friday Foreign Film. All are welcome!

Friday, May 12<sup>th</sup> at 7pm: *The Blue Angel* (Germany, 1930) Friday, June 9<sup>th</sup> at 7pm: *Big Man Japan* (Japan, 2007)

#### SPECIAL EVENTS

**Cross Stitch 101** Thursday, May 11<sup>th</sup> at 6:30pm Come learn the basics of cross stitching! All experience levels welcome. Beginner-appropriate projects will be provided.

#### Covered Bridges Near New Boston, Past & Present: Program & Book Signing

#### Thursday, May 18<sup>th</sup> at 6:30pm

Author Kim Varney Chandler discusses her book Covered Bridges of New Hampshire, highlighting the rich history of covered bridges in our area and the ongoing efforts to preserve these historic structures. This program is co-sponsored by the Whipple Free Library and the New Boston chapter of the Daughters of the American Revolution.

#### "New to Medicare" Informational Session Wednesday, May 31<sup>st</sup> at 6pm

Whether you're new to Medicare or already enrolled in the program, join us for this informational session and get your questions answered! Unbiased experts will discuss the different kinds of plans and coverage so that you can make the decisions that are right for you.

Registration begins for the 2023 Summer Reading Program, "All Together Now" Monday, June 12<sup>th</sup> Reading challenges! Craft nights and events! Raffle prizes! Join us for a summer of reading fun!

Craft Night Friday, June 16<sup>th</sup> at 6:30pm Stay tuned for more details!

# Whipple Free Library at the Farmer's Market Saturday, June 17<sup>th</sup> at 10am

Come down to the Farmer's Market, and learn about all that the library has to offer! Mrs. Ballou will present a Story Time for kids, and there will be free books and fun for all ages.

#### Wildlife Encounters

#### Monday, June 26<sup>th</sup> at 6:30pm

Join us on the town common for an up-close encounter with some amazing animals! All ages are welcome as we officially kick off our 2023 Summer Reading program. Page 7



#### CROSSWORD

## The Center of Gravity Gazette

## ACROSS

- 1) Rock band's handouts
- 6) Sultan's women
- 11) Cookware item
- 14) Lewis Carroll heroine
- 15) 2008 "Yes We Can" sloganeer
- 16) \_\_\_\_\_ Alicia of "Falcon Crest"
- 17) Hawaiian-born LPGA star
- 19) Thespians' org.
- 20) Makes absolutely certain
- 21) Rugged wheels, for short
- 22) "To each own"
- 23) High point in an orbit
- 26) Very early morning
- 30) Make improvements to
- 32) Good earth
- 33) Eminem's genre
- 34) Rolling stone's lack
- 35) Bill who led the Comets

- 37) Buster Brown's dog
  38) "The Addams Family" cousin
  39) Swoosh, to Nike
  40) Initiated, frat-style
  41) "Lost my train of thought"
- 45) Ides of March victim
- 46) \_\_\_\_ double-take
- 47) Muffs it
- 48) Oscar presenters, e.g.
- 53) Like 1960s British fashion
- 54) Nintendo game-players
- 57) "Sorta" suffix
- 58) Craig Biggio, notably
- 59) Group mailing tool
- 60) General on Chinese menus
- 61) Gave pills to
- 62) Box score data

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### DOWN

- 1) Beavers' handiwork
- 2) Nobelist Wiesel
- 3) Computer plug-ins
- 4) Phil who sang "Draft Dodger Rag"
- 5) Did a slow burn
- 6) "Total patient" treatment
- 7) Drive the getaway car, say
- 8) Unedited, as text
- 9) British record label until 2012
- 10) West of "Sextette"
- 11) Remove bacteria from, as milk
- 12) As a rule
- 13) Makes "it," in a game
- 18) Lane of the Daily Planet
- 21) In days of yore
- 23) Natural emollient
- 24) Shakespeare work
- 25) Resistance unit
- 26) Wagon master's cry
- 27) New USN officer
- 28) Give the green light
- 29) Hotfooted it
- 30) Kingsley who wrote "Lucky Jim"
- 31) Grueling race for bikers
- 35) Bar mitzvah dance
- 36) Golden \_\_ (senior)
- 37) Shooting marble
- 39) "\_\_\_Miz"
- 40) Typically black vehicles
- 42) "\_\_\_\_a Rebel" (Crystals hit)
- 43) Johnny Depp title role
- 44) Parti-colored horse
- 47) Give off
- 48) Plot size, perhaps
- 49) Numskull
- 50) Director Kazan
- 51) Take five
- 52) JFK landers, once
- 54) Glob of gum
- 55) Prefix with bar or metric
- 56) FWIW part

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ALF AMEN AVENGERS BARETTA BENSON BLOSSOM BONANZA CYBILL FRAGGLE ROCK GET SMART KNIGHT RIDER KUNG FU LARAMIE MAGNUM P I MATLOCK

SPIN CITY ST ELSEWHERE STAR TREK THAT GIRL THE BRADY BUNCH THE X FILES ZORRO

### Senior Trips for May and June There are no trips in July and August

#### Tuesday, May 16 - Mothers Day Brunch at the Silver INN & TEA PARLOR Fountain Tea Room in Dover, NH

Join us for high tea and sandwiches at this quant Tea Parlor! Menu will be available for pre-order in April. Cost of trip—The price of your lunch, plus any gift shop purchases that you make. We leave the town hall at 10 AM. The Tea Room is in an quaint old inn and is sadly not wheelchair accessible, has small passageways and is accessed by a steepish set of stairs. **This trip has a wait list.** 



#### Tuesday, June 13 - The Ice House Museum in New London, NH. Lunch TBD

The Ice House is a living, working legacy to our area from Bill Kidder, the man who created it. The collection includes innumerable examples of working tools and machinery, many of local origin: won-

derful children's riding toys, bicycles, cars (mostly old Fords), and a wide variety of items of town interest including an early fire engine, first movie projector, and even the jail cell from Whipple Hall in New London. Cost of Trip—The Museum admission is free just pay for the cost of your lunch. This trip involves easy to moderate walking depending on where you tour and is wheelchair accessible. We have not yet secured lunch reservations yet so the time to leave the townhall will be set at a later date. **This trip has a wait list.** 

Call the office at 603-487-2880 Or email us at recreation@newbostonnh.gov to get on the list.

# **TOWN WIDE YARD SALE** SATURDAY JUNE 3rd, 2023 8AM-1PM Rain or Shine

#### All the proceeds this year will benefit the Gazebo New Roof Fund! On June 3rd anyone that would like to shop the town wide yard sale can come to the Town Common Gazebo starting at 7:45am and buy a map for \$2. The map lists all participants and items and/or types of things they are selling!

#### FREE TRANSPORTATION / BUY A BRICK

# **FREE TRANSPORTATION**

Free Transportation Bus Operates: Monday - Friday, 7:00am to 4:30pm

- Make a reservation as early as 1 week prior, and no later than 1 day prior
- Priority rides for age 62+ or disabled passengers
- Priority rides for medical appointments
- Rides available to all New Boston Residents
- All buses accessible for disabled passengers
- Riders may go anywhere within New Boston, Goffstown and Bedford and medical appointments to Manchester.
- •

Reservations call: 603.623.8801

You will hear: A greeting for Manchester Trans Authority

Dial - Opt. #2 This will bring you to the Cart and Step Saver receptionist. If no one answers, please leave the following information listed below. Someone will return your call.

- Full Name
- Address of pick up
- Address of place you are travelling to
- Phone Number
- Age
- Purpose of Travel



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**Buy a Brick Today!** Proceeds go towards a new Gazebo Roof!

Bricks Make Great Birthday, Mother's Day and Father's Day Gifts!

#### Gazebo Walkway Bricks and Pavers Prices start at \$100 See Sheri in the Recreation Dept. for details



Scan code with the camera app on your phone to open our website!

Easy to order Bricks online! Questions? 603-487-2880

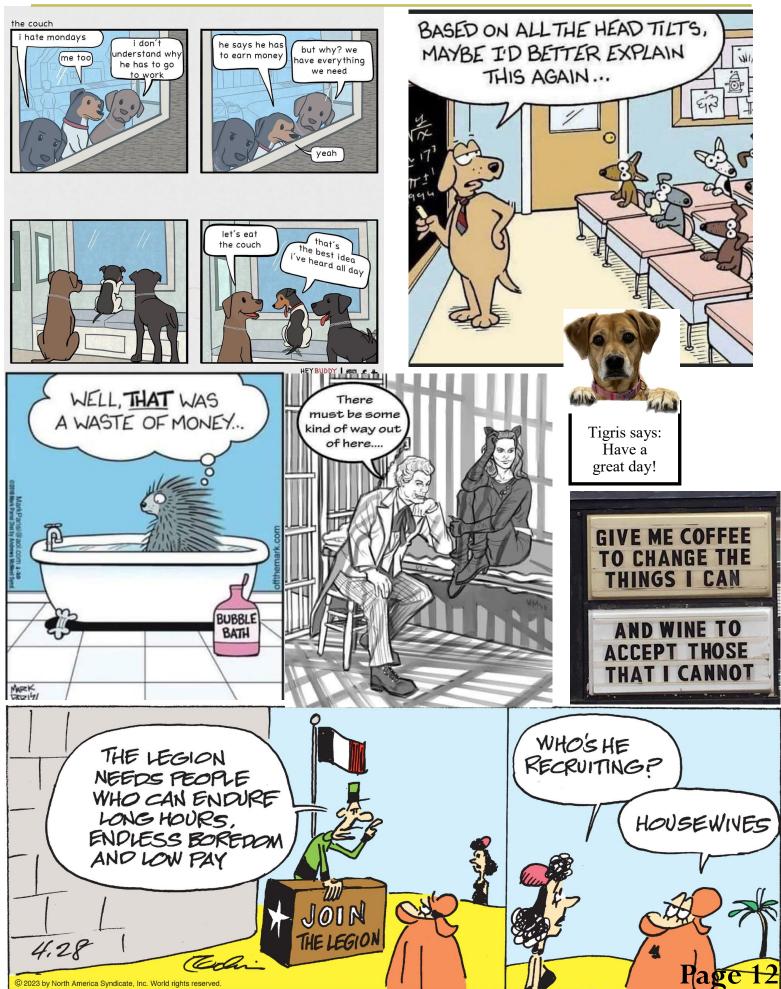
You can also order bricks by going here: https://polarengraving.com/newbostonrecreation



"Our mission is to enrich and enhance the lives of the residents of New Boston. We accomplish this by providing safe, welcoming facilities and affordable, diverse recreation and cultural opportunities for people of all ages to play, learn, and build community."

#### A LITTLE LAUGH

The Center of Gravity Gazette



### **Community Church of New Boston News**

**Organ Concert:** All are invited to a free organ concert on Saturday, May 6 at 3 pm. This is in celebration of 100 years of music from our organ. The organ was purchased and installed in our church in 1923. The concert will be given by David and Permelia Sears. The Sears specialize in playing historic 19th century tracker organs.



Serving Christ by Serving the Community

**Family Sunday:** Sunday May 21 at 10am. You and your family are invited to join us for a "playful" Sunday Worship service to celebrate the end of the Covenant Kingdom school year. Bring a picnic lunch, blanket, and chairs because after the service we will have a picnic on the lawn outside of church! Drinks and dessert will be provided.

# CommunityChurchNewBoston.org

# New Boston Baptist Church News

"New Boston Baptist Church invites our community to some special times of prayer. Sunday evenings at 7pm, we have been gathering to pray for revival to come to our homes, our town, and our nation. All are welcome to join us.



In addition, men gather for prayer at 6am on Wednesday mornings at the Boyle barn, and ladies meet at the church on alternating Wednesday and Saturday mornings for prayer and Bible study.

Please contact us at 603-769-9999 for more information. Of course, every Sunday is resurrection Sunday as we worship our Savior together at 10:30 am, followed by a potluck fellowship meal and a one-another time. On 5/28 and 6/25 our one-another time will be a hymn sing. All are always welcome ."

### For more info visit our webpage: newbostonbaptist.org

### The Center of Gravity Gazette

Dick Moody has officially retired as an active call member of the New Boston Fire Department. Dick has been a member of the department for over 53 years providing countless hours of service to our community.

Dick has not only provided emergency response but also leadership, mentorship, and guidance for many aspiring fire fighters over the years, including myself.

Dick will be remaining a member of the New Boston Fire Association as well as the Board of Fire Wards.



Please join us in wishing Dick a happy and healthy retirement from emergency response.

**Congratulations Dick!** 



#### **Opening Day June 10th**

The NBFM returns for the season on June 10th! Join us from 10-1 on the Town Common every Saturday for food, fun, and fabulous music, community guests and neighbors.

#### **UNH Extension - Master Gardeners**

Amy Watson & Vicki Smirkanicz, Master Gardeners from the Extension's Education Center, will present you with some of the agriculture and horticulture resources available through the UNH Extension. Have a gardening question? Ask Amy and Vicki!

#### NB Garden Club - Fresh Flower Make & Take Craft

New this year, the Garden Club is offering a "Fresh Flower Make & Take Craft" for market patrons! In addition, club members can share their knowledge by answering your garden and plant questions. Please stop by and connect with them.

#### **Musician - Simone Clare**

Singing since she could talk, Simone began performing at the age of 9. Self-taught thanks to youTube, she brings a fresh twist to her indie-pop covers accompanying herself on both ukulele and guitar. Simone hails from New Boston and at only 18, has already been playing professionally around the area for four years.

2023 Market Vendors! Backwoods Beauty - Kathy Griswold

Personal Care Items

Bee Well Candle Co - Jillian Martin Bees Wax Candles

Blue Heron Farm - Emma Downing Grant Beef, Pork, Veggies, Eggs, raw Cow's Milk

Buddie Sweaters - Christine Fennell Sweaters for Children and Adults

Cooper & Sophie's Kitchen LLC - Courtney D'Aoust All Natural Homemade Dog Treats

> DJ's Pure & Natural Honey - John Blake Popcorn & Honey -Sticks, Comb, Infused

Fresh Start Farms - Isha & Sidi Market Vegetables & Culturally Significant Crops

> Karen's Touch - Karen Files Unique, Handcrafted, Beaded Jewelry

KC's Enchanted Cottage - Karen Craven Fairy Garden Accessories & Home and Garden Decor

> Lilac Threads - Meghan Jones Handmade Clothing and Accessories

**Middle Branch Farm - Heather Noonan** Organic Vegetables, Herbs, Flowers and Seedlings

**Northeast Cafe - Guy Tino** Homemade Chicken Pot Pies & No added sulfate Wine

Red Barn Wreaths in New Boston - Joan Sanossian Handmade One of A Kind Wreaths

> Sunfox Farm LLC- Greg Pollock Culinary Oils, Herbal Tea, Body Butter

Swallow Ridge Farm- Peter B. Kress Artisan, Small Batch Cheese & Cheese Accessories

**The Broken Bread Baking Co - Amy Hard** Homestead bakery items & Maple Products





Photos: Front top to bottom NB Garden Club UNH Extension Musician Simone Clare

### A Walk in the Woods

Once a week meet ups for a casual walk in the woods

- Thursdays from 9-11:30, ends on June 29th. •
- Please meet at 8:50 in the Town Hall Parking lot.
- We will discuss where we will hike and then carpool/convoy • to that location.
- Each week we will hike at a different trail in the Greater New Boston Area.
- There is no fee or sign-up for these walks.

Louise Robie will be our guide as we discover new places to hike and enjoy our beautiful woods. Pace will be according to the fitness of the group as a whole. Expect easy to moderate terrain to traverse and please dress accordingly to the weather.

This is an all-ages walk but children must be accompanied by an adult. Well-behaved, leashed dogs may attend. We will leave the town hall parking lot at 9 am with whoever shows up.

day mornings at 9am unless otherwise noted. The walks are approx. 2-3 miles and take about one hour to complete.

- May 1, 2023 Manchester River Walk-West. Meet at the rear of the West Side Jee Arena@ Electric St.
- May 8, 2023 Weston Tower. Meet at the parking lot near the baseball field across from Trinity High. •
- May 15, 2023 Manchester/Goffs Rail Trail. Meet at the front of the West Side Ice Arena@ Electric St
- May 22, 2023 Rock Rimmon. Meet behind Northwest Elementary School on Youville St, in the park-• ing lot next to the baseball fields
- May 30, 2023 Livingston Park. Meet in parking lot near the playground, Hooksett Rd. @ Redcoat Ln •
- June 5, 2023 Massabesic Lake Trail. Meet in the paved parking lot off Londonderry Turnpike. Just south of the Massabesic Traffic Circle
- June 12, 2023 Manchester Cedar Swamp Preserve. Directions: Countryside Boulevard is off of Hackett Hill Rd in Manchester. The trail head is about a half a mile up on the left. There is adequate parking in the parking lot or along the street. Page 16

# The Manchester Police 2023 Spring Senior Walks.

These walks allow seniors to exercise, socialize and experience Manchester with Manchester police officers. Walks are held Mon-





# The Center of Gravity Gazette



# Monthly Foot Care Clinic New Boston Community Church

Wellness Services for Adults 65 and Older



Starting in June -

**Third Monday of Each Month** 

9 a.m. - 3 p.m.

New Boston Community Church 2 Meetinghouse Hill Rd., New Boston

Services offered include:

- Foot Care
- Blood Pressure Screening
- Medication Education
- Nutritional Education

A suggested donation of \$10 is requested for services.

#### To schedule an appointment, call (603) 224-4093, ext. 85815.

30 Pillsbury Street | Concord, NH 03301 • (603) 224-4093 | (800) 924-8620 • www.granitevna.org Offices in Laconia and Wolfeboro

Granite VNA complies with applicable Federal civil rights laws and does not discriminate in services and access to treatment, appropriate care or employment in its programs or activities on the basis of race, color, national origin, religion, disability, age, gender, marital status, sexual orientation, source of payment, or the absence of advance directives.

#### **Smoke Alarms Save Lives!**



Smoke alarms save lives!

Could your family escape a home fire in just 2 minutes?

Make sure your home has working smoke alarms.

They can cut the risk of dying in a home fire by half.

The American Red Cross will install **FREE** smoke alarm(s) and provide free home safety checks.

Sign-up today!

# To schedule an installation: Visit - redcross.org/EndHomeFiresNNE

Call - 1-800-464-6692 (Option 4)



Scan to schedule your free installation





4th of July

The Center of Gravity Gazette



# Parade through the village kicks off at 10:00AM.

Fairground gates open at 4PM

Opening ceremonies commence at 5PM (and include the firing of the historic Molly Stark Cannon)!

Food includes chicken BBQ, hamburgers, hotdogs, chicken fingers, fried dough, ice cream, desserts and more!

Entertainment right up until the fireworks (axe throwing, field games, music and more)

Fireworks at 9:30 (approximate time) Admission to the fairgrounds is \$10.00 per person ages 12+

\$5.00 per person ages 2-11. Children 2 and under are FREE.

Parking is FREE

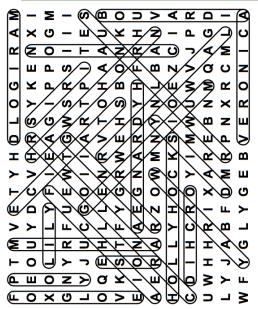
Everyone is encouraged to bring lawn chairs or blankets for seating.

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# newboston4thofjuly.org

#### MARCH / APRIL PUZZLE ANSWERS

#### NEW BOSTON RECREATION CENTER OF GRAVITY GAZETTE





No longer want to receive the Gazette? Want to add someone to our circulation? Your Birthday missing? Please let us know! Recreation@newbostonnh.gov 603-487-2880



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