

NBCS PTA'S



Fall Frolic

5K - 1 Mile - Fun Run

**SATURDAY
OCTOBER 6, 2018
9:00AM START**

**9:00 AM - Race Start (walkers immediately follow) • 10:00 AM - Kids' Mad Dash (ages 8 and under)
10:15 AM - One Mile Race (ages 12 and under)**

**Adult 5K Race - \$25 - 10 and under \$10 - One Mile Race \$5 - Kids' Mad Dash - FREE
\$55 Cap for Family Registrations. Paper Registrations only for Family Registrations
Register online at <https://runsignup.com/nbcentralschoolfallfrolic>**